

# Tadiso, Incorporated Community Newsletter

Volume # 1

First Quarter

July 1, 2002

## Tadiso, Incorporated

### ***“Meeting Needs. Renewing Lives.”***

*Ta-di-so (ta-'di-so). n. renewal of life: mind, body, and spirit.*

**T**adiso, Inc. is a drug rehabilitation program, founded in 1968.

Our Mission is to provide rehabilitation services to individuals in the high risk and addicted populations of Allegheny County and Southwestern Pennsylvania.

Our Vision is to educate the community about the disease of addiction for the promotion of substance abuse treatment emphasizing opiate treatment therapies.

Our Values are to maintain an environment of care that embodies dignity and respect for individuals served and their families; educate individuals served about the disease of addiction and treatment options in a culturally appropriate manner; maintain a service delivery system which complies with the standards of Substance Abuse and Mental Health Services Administration, Drug Enforcement Administration, Pennsylvania Department of Health and the Allegheny County Department of Human Services; maintain qualified staff who demonstrate best practice methods and ethics of the drug and alcohol treatment industry enhanced by relevant training and educational programs.

Methadone, a blocking agent, is issued to physically stabilize the addict. Severe withdrawal symptoms are reduced. Supportive services assist clients in becoming functional and productive. The addicted person can begin to concentrate on family relationships, employment and educational opportunities.

## What does Tadiso, Inc. Provide?

Our activities and services include:

- Methadone Maintenance/ LAAM
- Individual Psychotherapy
- Group Psychotherapy
- Referral Services
- Partial-Hospitalization
- Psychological Testing & Evaluation
- Psychiatric Evaluation
- Prevention and Intervention Services
- AIDS Education Seminars
- Follow-up and Aftercare
- Narcotic Anonymous Meetings Weekly On-site
- Family Counseling
- Vocational Counseling

## The outcome measures for individuals served are:

- Reduction/Abstinence from illegal and illicit drug use.
- Reduction in criminal activity associated with addictive behavior.
- Improvement in general health with emphasis on HIV prevention.

### ***Renew Your Mind, Body and Spirit***

#### **Tadiso, Incorporated**

1425 Beaver Avenue  
Pittsburgh, PA 15233  
Phone: (412) 322-8415  
Fax: (412) 322- 9224  
BUSINESS HOURS  
7:00 A.M. - 3:30 P.M.

## You're Invited to Community Day

**O**n (Friday) July 26, 2002, Tadiso, Incorporated will hold **Community Day.**

There will be a tour of the facility, games, activities, hamburgers, hotdogs, and pony rides for the children. All are welcomed.

The hours will be **12:00 p.m. - 3:00 p.m.**

At the Corporate office located at:

**1425 Beaver Avenue.**

For more information please call **412-322-8415.**

## Tadiso's Board of Director's

**T**here will be a nomination for the Board of Directors of Tadiso Inc., for our new fiscal year.

### The current Board of Director's are:

Theodore R. Vasser, Jr. Ph. D.	- Chairman
John A. Cundieff	- Treasurer
Dazzella Garner	- Secretary
Edmund D. Effort, D.D.S.	
Otis Lyons, Jr.	
Youlanda Nagy	
The Honorable Walter Little	
Curtis L. Walker, Ph. D.	

## Second Annual Staff Training and Development Day

**O**n (Thursday) June 20, 2002. Staff at Tadiso, Inc., participated in training and development day.

With guest speaker, Lynda Sturdivant from Studivant and Associates and UPMC Employee Assistance Program.

The training involved ways to cope with stress and burn out on the job and daily living. Highlighting how stress is interpreted through the thought process and the feelings involved which accounts for the behavior or action(s) taken. The second half of the training and development day was to relieve stress through interaction with co-workers in the organization, with games, prizes and activities.

## Our Key Staff Member of the First Quarter



John Appeldorn

John Appeldorn is a Licensed Professional Counselor and Certified Addictions Counselor who is presently employed as the Director of Social Services at Tadiso, Incorporated, which is a large methadone treatment program located in Pittsburgh, PA.

John earned his Master's Degree in Counseling from Loyola College in Baltimore, MD in 1981. He has worked in a variety of mental health and D & A settings including private practices, a staff model Health Maintenance Organization, and community agencies. He has worked in outpatient and drug and alcohol; and has been in his present position since 1997. As the Director of Social Services, John is responsible for the development of the clinical program and the supervision of a staff of 20 counselors.

### Certifications:

National Certified Counselor  
Master Addictions Counselor  
Certified Addictions Counselor

### Contact Information:

John Appeldorn, M.S., CAC  
Tadiso, Incorporated  
1425 Beaver Avenue  
Pittsburgh, PA 15233  
(412) 322-8414  
Fax (412) 322-9224  
E-mail: [jappeldorn@tadiso.org](mailto:jappeldorn@tadiso.org)