

TADISO TIMES

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BREAKING NEWS.....

TADISO CLOSING EARLY ON THURSDAY JUNE 2.

Tadiso staff members will attend an in-service on June 2. The clinic will be closing at 9:45am. Please plan to get here early.

Don't miss your medication.

FREE LUNCH and \$20

On May 18, a group of 17 Tadiso patients met with representatives from Community Care Behavioral Health Organization, to discuss the need for additional services at Tadiso. Administration was pleased that so many patients participated in this focus group. Lunch was provided by Community Care. In addition, a \$20 Target gift card was given to all patients, in exchange for their assistance. Community Care and Tadiso appreciate your time!

35 YEARS OF AIDS

In 2016 we observe the 35th anniversary of the diagnosis of the first cases of AIDS. On June 5, 1981, the U.S. Centers for Disease Control and Prevention (CDC) published a report describing cases of a rare lung infection, *Pneumocystis carinii pneumonia* (PCP), in five young, previously healthy, gay men in Los Angeles.



The CDC's documentation marks the first official reporting of what will become known as the AIDS epidemic.

In 1983, researchers isolate the Human Immunodeficiency Virus and determine it to be the cause of AIDS. Other notable dates include:

On March 4, 1982, the CDC reported that most cases of AIDS have been reported among homosexual men with multiple sexual partners, injection drug users, Haitians, and *hemophiliacs*. The report suggests that AIDS may be caused by an infectious agent that is transmitted sexually or through exposure to blood or blood products and issues recommendations for preventing transmission.

In 1983, Indiana teenager, Ryan White, is barred from school after contracting HIV from a transfusion.

In 1987, the Project AIDS Memorial Quilt is launched.

In 1988, the first World AIDS day is declared on December 1.

In 1990, Ryan White dies at age 18 and Ronald Reagan apologizes for his neglect of the AIDS crisis during his presidency.

Recent reports, however, have given new reason for hope. In 2015, the CDC released data showing a 19 percent drop in HIV diagnoses over the past decade, as testing rates remained stable or rose among groups that saw a decline in diagnoses. The finer details of that report, as well as news of successes in the realms of prevention and treatment in major cities such as New York and San Francisco, suggest that the American HIV epidemic is finally charting a new course.

FREE DENTAL CLINIC! FIRST COME, FIRST SERVED.

WHAT: Mission of Mercy (MOM-n-PA)

The (MOM-n-PA) is a large-scale dental clinic where dental treatment is provided at no cost to individuals who cannot afford dental care. **Treatment is provided first-come, first-served and it is expected that several hundred individuals will be attending this year's event, so please come early! Patients do not preregister.**

WHEN: Friday, June 3 & Saturday, June 4, 2016

Come early! Patients will be lining up starting Thursday evening.

Children are welcome; Pediatric Dentists will be available on Saturday, June 4.

No appointments will be taken or are necessary.

Patients are seen on a first come - first serve basis.

The number of patients seen will be limited to up to 1,000 patients per day. Once the total numbers of patients we can see each day have been registered, no additional patients can be seen. Please be prepared to wait several hours for service.

WHERE: David L. Lawrence Convention Center



UPDATE ON ZIKA VIRUS—It's Mosquitoes Season

What we know

- No vaccine exists to prevent Zika virus disease (Zika).
- Prevent Zika by avoiding mosquito bites (see below).
- Mosquitoes that spread Zika virus bite mostly during the daytime.
- Mosquitoes that spread Zika virus also spread dengue and chikungunya viruses.
- Prevent sexual transmission of Zika by using condoms or not having sex.



Do not dismiss this virus.
Remember the 5 healthy men from Los Angeles.
See article on front page.



Here's what you can do to control mosquitoes outside your home

Install or repair and use window and door screens. Do not leave doors propped open. Once a week, empty and scrub, turn over, cover, or throw out any items that hold water like tires, buckets, planters, toys, pools, birdbaths, flowerpot saucers, or trash containers. Mosquitoes lay eggs near water.

Here's what you can do to control mosquitoes inside your home

- Keep windows and doors shut and use air conditioning when possible.
- Keep mosquitoes from laying eggs inside your home. Once a week, empty and scrub, turn over, cover, or throw out any items that hold water like vases and flowerpot saucers.
- Kill mosquitoes inside your home. Use an indoor flying insect fogger* or indoor insect spray* to kill mosquitoes and treat areas where they rest. These products work immediately, but may need to be reapplied. Always follow label directions. Only using insecticide will not keep your home free of mosquitoes. Mosquitoes rest in dark, humid places like under the sink, in closets, under furniture, or in the laundry room.
- Use an indoor fogger* or indoor insect spray* to reach and treat areas where mosquitoes rest inside the home.

A HEALTHY TONGUE IS incredibly important for a healthy mouth. We know we talk a lot about your teeth, but it's time we told you more about your tongue, that amazing muscle that allows us to speak, taste, and swallow!

Get Rid Of Bacteria By Cleaning Your Tongue

You've already brushed your teeth for two minutes and you're ready to be done. Not so fast! Cleaning your tongue is just as important as cleaning your teeth. Did you know that almost 50 percent of the bacteria in your mouth is on your tongue? If you don't worry about cleaning your tongue, that bacteria will transfer to your teeth even after you've brushed. Your oral health care routine should always include a good tongue cleaning! Your mouth will thank you for a clean, healthy tongue. Cleaning your tongue once or twice a day before or after brushing will **greatly improve your oral health, not to mention your breath!** It's a win-win!



Tadiso Tidbits... Reminders from Tadiso

- Any weapon brought on the property will be confiscated and the patient will be discharged. Please leave your weapons, mace, screwdrivers, etc., at home or outside Tadiso property.
- If you obtain a prescription pain medication and have take home privileges, you will be returned to daily status until you can provide an opiate free urine analysis.
- If you obtain a prescription pain medication and do not have take home privileges, Dr. Reese will meet with you to evaluate your medication dose. This is for your safety.
- TADISO CLOSING EARLY ON THURSDAY, JUNE 2. BE HERE BY 9:45am.