

TADISO TIMES

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IMPORTANT NEWS

SEPTEMBER 3, 2018 is Labor Day and the clinic will be open from 6am-1:45pm.

SEPTEMBER 13, 2018—The clinic will be closing at 1:45pm.

REMINDER : THERE IS NO SMOKING IN THE TADISO PARKING LOT.

Please do not smoke in the parking lot, or while in line, as you wait for the building to open. Tadiso reserves the right to review video footage to identify those who break Tadiso policies.

JOIN THE VOICES FOR RECOVERY
invest in health, home, purpose, and community

National
Recovery Month
Prevention Works • Treatment is Effective • People Recover
september 2018



Message Carriers is proud to join the Pittsburgh Recovery Walk again this year on September 15th. The **Pittsburgh Recovery Walk** celebrates the many roads to recovery from addiction and all those who have traveled them. It aims to dispel negative stigma and recognize recovery as a positive force in our community. This event is completely free and open to the public. Everyone whose life has been touched by addiction or recovery is invited to join our city-wide celebration.

Tadiso will be celebrating Recovery Month by giving away books and journals to patients. Counselors have the responsibility to distribute to patients who are seriously working on their recovery. In addition, Tadiso will have a team in the Recovery Walk on September 15. Look for Tadiso's team if you are walking in the event.

Recovery Support Specialists are Tadiso employees that assist patients in making contact for other services such as emergency food, utility assistance, housing, and transportation.

Request recovery support services by calling Katie at extension 129.



Please be considerate to others while on Tadsiso premises. Any vulgar language will result in a Case Conference to determine if you are suitable for this type of treatment. Staff, other patients, and visitors will not be subjected to any swearing, cursing or vulgarities.



Tadiso Tidbits...

Reminders from Tadiso

- Fighting on or around Tadiso premises automatically results in a 7 day withdrawal from the program.
- Security personnel have the right to require patients to be properly dressed when they enter the clinic. Tadiso is a professional medical office and inappropriate clothing is not acceptable.
- The Squirrel Hill Health Center Mobile Unit is parked adjacent to the clinic on every other Wednesday. Medical personnel can provide attention to your physical health concerns. If you want to schedule an appointment with the personnel on the van, please contact Tadiso's Wellness Nurse.

YOU CAN

**QUIT
SMOKING!**



A federal court has ordered Altria, R.J. Reynolds Tobacco, Lorillard and Philip Morris USA, to make this statement about the health effects of smoking:

"Smoking causes heart disease, emphysema, acute myeloid leukemia and cancer of the mouth, esophagus, larynx, lung, stomach, kidney, bladder and pancreas.

"Cigarette companies intentionally designed cigarettes with enough nicotine to create and sustain addiction."

TADISO'S

50TH BIRTHDAY

Next month marks 50 years since the formation of Tadiso. The Tadiso Board of Directors will be honoring all of the founding fathers of the organization and all the staff members who have served our patients over the last 50 years. Look for more information in the next issue of the Tadiso Times.

**HAPPY
BIRTHDAY!**



SUNDAY AND HOLIDAY

TAKE HOME MEDICATION



Tadiso Administrators are seeking approval from officials in Harrisburg to give take home medication on Sundays and holidays. All the requirements for this take home bottle will be included in the next edition of the Tadiso Times. But you can start preparing now. Provide urine tests that are free from illicit substances during the months of September and October, and you may qualify for a take home bottle for Thanksgiving. Some of the other requirements include: Patient must be enrolled at Tadiso for a minimum of 3 months. Patient must be compliant with scheduled counseling appointments. Patient can not have any behavioral problems while at Tadiso. In the clinical judgement of Tadiso staff, the benefits of the privileges must outweigh the risks of diversion/abuse of the medication. Start working on this today!