

TADISO TIMES

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IMPORTANT NEWS.....

Tadiso will observe President's Day on February 17, 2020. We will close at 1:45pm.

REMINDER: Tadiso closes at 11:45am EVERY SUNDAY.



BLACK HISTORY MONTH 2020

This year is an important general election year, and a landmark year for voting rights. 2020 marks the 150th anniversary of the Fifteenth Amendment (1870) which gave the right of black men to vote following the Civil War. It also marks the centennial of the Nineteenth Amendment and the culmination of the women's suffrage movement.

This year's theme for Black History month, "African Americans and the Vote", recognizes the struggle for voting rights among both black men AND women throughout American history.

It is an ongoing struggle for people of color that continues into the 21st century.

Black History & The Right to Vote

Even before the Civil War, free black men first petitioned state legislatures for the right to vote, but it wasn't until 1870 when the 15th Amendment was ratified providing that "the right to vote shall not be denied or abridged on the basis of race, color or previous condition of servitude."

Even so, southern state legislatures immediately began undermining the protections found in the new amendment. Years of lawsuits and protests followed, but it wasn't until the rise of the Civil Rights Movement and Voting Rights Act of 1965 that the freedom to vote was enjoyed by a majority of southern blacks.

Today, these freedoms have eroded by 'gerrymandering' - or dividing voting districts to gain an unfair majority. The ongoing struggle may seem disheartening, but there is hope. The 2018 US midterm election, for example, saw a surprising record number of minority and women voted into state legislative power coast to coast. The voting tallies sparked new optimism that the historic pendulum was swinging back - again - to equal voting rights for all.

The Nation Goes Red in February

National Wear Red Day® – Friday, February 7, 2020

On the first Friday of every February, which is designated as American Heart Month, the nation comes together, igniting a wave of red from coast to coast. From landmarks to news anchors and neighborhoods to online communities; this annual groundswell unites millions of people for a common goal: the eradication of heart disease and stroke.

How can you improve your heart health?

Eat healthy—Look for Heart-Check mark to spot heart-healthy foods in the grocery store or when dining out. Simply look for the name of the American Heart Association along with our familiar red heart with a white check mark on the package or menu.

Stop smoking—Having trouble quitting smoking? Keep a positive outlook! Concentrating on the benefits of cessation might just be the motivation you need

Exercise—The benefits of regular physical activity are undeniable. Something is better than nothing, and we all have to start somewhere.

Get quality sleep—Catching ZZZs could be the key to unlocking a healthier you. Amount and quality of sleep can influence your eating habits, mood, memory, internal organs and more.



BLACK HISTORY PIONEERS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Thomas Cox Allen was the first man to pilot a plan across the U.S
2 Alain L Locke was the first Black Rhodes Scholar in 1907	3 Jean Baptiste Point DuSable was the first wholesaler, merchant Prince and Settle in Chicago **TruthSayer Michael Eric Byson August Wilson Center 7pm	4 Henry Blair was the first African American to receive a U.S. Patent	5 Silver Bluff S.C. Established the First African American Church in 1773	6 The Freedman's Savings Bank was the first Bank operated by blacks	7 In 1810 The American Insurance Company of Philadelphia was the first to me managed by Blacks **Improve - Kountry Wayne	8 Freedom's Journal was the first black Newspaper Published in 1827 **August Wilson center En Vogue 8pm **Improv – Kountry Wayne
9 Alexander Lucius Twilight was the first Black Roman Catholic Bishop in America **Improv – Kountry Wayne	10 Isaiah T Montgomery Founded the town of Mound Bayou Mississippi	11 Andrew J Beard created the "Jenny Coupler" a Railroad car coupling device **Greer Cabaret Theater Bobby Watson & Horizon	12 Between 1872 and 1920 Elijah McCoy received over 57 patents for Automatic Lubricating appliances	13 Blanche Kelso Bruce was the first black to serve a full term in the U.S. Senate	14 The Term Real McCoy comes from Elijah McCoy for his many patents **Hard Rock Café - The Ark Band A celebration of Bob Marley	15 Shelby J Davidson invented the Adding Machine **Tami Lee Huges "The legacy Show" 7:30 to 10pm 412-968-3040 **August Wilson center Joshua Redman Jazz 8pm
16 William C Nell published "Services of Colored Americans in the Wars of 1776 and 1812 **African American Art in the 20 th Century 724-837-1500	17 EDP Audit Controls Inc. in 1982 was the largest Black owned independent Data Processing and computer security firm in the U.S.	18 2009 Barack Obama became the first Black U.S. President	19 Marlin Briscoe in 1968 was the first Black Quarter Back in the NFL for the Denver Broncos an AFL team **Heinz History Center 6pm "Black History month lectures :Freedoms Blood"	20 1920 Fredrick Douglas "Fritz" Pollard was the first Black Head coach in the NFL	21 1868 Oscar J Dunn became the highest Ranked Black elected official when he became Lieutenant Governor of Louisiana **Carnegie Mellon University "The History and Mythology of So-Called Jazz	22 Carter G woodson Organized the First negro History week
23 Arthur L Mitchell was the first elected black Democratic congressman	24 Percy L Julian a famous Chemist obtained over 100 patents **Rex Theateh 8 pm Jaquees	25 1945 Ebony magazine was first published **Backstage Bar At Theater Square (Free) Tony Cambell	26 Jane Maltilda Bolin in 1939 became the first Black woman judge	27 1888 Granville T Woods was touted as the "Greatest Electrician in the World" by the American catholic Tribune	28 Constance baker Motley was the first Black woman Federal Judge **Improv – Roy Woods Jr	29 Thurgood Marshall became the first Black Supreme Court Justice in 1967 **Improv – Roy Woods Jr