

# TADISO TIMES

ISSUE 222

April 2021

## IMPORTANT NEWS.....

Easter is April 4. Tadiso is currently closed on Sundays so this will not effect your schedule.



Dr. Bonner has been appointed Interim Medical Director at Tadiso, replacing Dr. Reese.

## COUNSELORS RETURNING TO TADISO OFFICE

Counselors will be returning to Tadiso but will continue to offer telehealth to patients. However, if you do not complete your scheduled services, you will have a “HOLD” from your counselor. You will be escorted to a private office at Tadiso and your counselor will provide counseling from his/her office, to allow for social distancing.

Missing your counseling appointments on a regular basis will result in a Case Conference to review your status at the clinic.

## UPDATE ON THE CONTINUATION OF TAKE HOME MEDICATION DURING COVID-19

To continue to receive take home medication during the emergency declared pandemic, you must return your take home bottles on a regular basis.

If Tadiso decides to open on Saturday, you will have to come in unless you have an excellent record on returning your bottles.



## The Maternal Support Program: Pairing Mentorship with Motherhood

Tadiso is now offering a new Maternal Support Program, an initiative focused on empowering and educating our pregnant and postpartum patients.

The program includes structured group sessions on topics like Pregnancy and MAT, Prenatal Nutrition, Infant and Toddler Feeding, Maternal Mental Health, and Reproductive Care, allowing patients to learn and bond with their peers.

Participants will also meet with our Maternal Educator, Spencer, for one-on-one sessions to receive further customized support. Additionally, interested patients may sign up to receive services from a full-spectrum Doula—AKA an advocate to assist through all stages of maternal and reproductive health, even outside of Tadiso.

We hope to encourage our patients with these added supports, learning opportunities, and community resources that will give them the confidence to parent with pride.

Any woman who is currently pregnant or mother of a child up to 3 years old is welcome to participate and reach out to their counselor or RSS for more information.

Sessions with Spencer will count toward your required counseling hours each month. Also, great incentives are available for participants including strollers, car seats, diapers, wipes, and other needed supplies.



*“When the mothers in a community thrive, the community thrives”*

## Hepatitis C - One Drop Of Blood Will Change Your Life

Hepatitis C is a liver infection caused by the hepatitis C virus (HCV). Hepatitis C is spread through contact with blood from an infected person. Today, most people become infected with the hepatitis C virus by sharing needles or other equipment used to prepare and inject drugs. For some people, hepatitis C is a short-term illness, but for more than half of people who become infected with the hepatitis C virus, it becomes a long-term, chronic infection. Chronic hepatitis C can result in serious, even life-threatening health problems like cirrhosis and liver cancer. People with chronic hepatitis C can often have no symptoms and don't feel sick. When symptoms appear, they often are a sign of advanced liver disease. There is no vaccine for hepatitis C. The best way to prevent hepatitis C is by avoiding behaviors that can spread the disease, especially injecting drugs. Getting tested for hepatitis C is important, because treatments can cure most people with hepatitis C in 8 to 12 weeks. If you have any questions, contact Tadiso's Wellness Nurse. From the CDC

### Central Outreach Wellness Center

**Central Outreach Wellness Center** is a federally funded organization through the PA Department of Health to provide STD treatment and services. This grant funding allows them to utilize contracted pharmacy services that help fund the clinic.

#### **Case Management Services**

Their experienced case management staff help patients obtain services at the least possible cost. Services include:

- Medication and pharmacy coverage
- Lab Testing
- Healthcare Insurance
- Housing services

Please call their offices directly if you should have any questions, or to make an appointment:

North Shore Office 412-322-4151

#### **CARE SERVICES OFFERED**

- Comprehensive Gay Health Care
- Culturally Competent Care
- Comprehensive Transgendered Health Care
- HIV Primary Care
- Hep C Primary Care
- Mental Health Care
- PrEP & PEP HIV Prophylaxis
- Suboxone/Needle Exchange

#### **Hep C/HIV Testing Dates @ Tadiso:**

Monday March 29th 7 am - 2pm

Thursday April 1st 7 am - 2pm

Friday April 16th 7 am - 2pm

Monday April 26th 9am-3:30pm

Thursday May 6th 9am - 3:30pm

Friday May 21st 9am- 3:30pm

### **PREPARE NOW FOR PLANNING VACATIONS AND TAKE HOME MEDICATION**

If you are planning to travel and will need take home medication for travel, **DO NOT ASSUME** that your current take home schedule will continue this summer. Depending on the restrictions from state and federal authorities, we may not continue take home medication as it's currently being prescribed. Prepare by consulting with your counselor prior to planning your trip. He/She will be review the take home criteria with you. COVID restrictions will apply when you return.

**HAPPY  
SUMMER  
VACATION!**