

TADISO TIMES

ISSUE 229

November 2021

IMPORTANT NEWS.....

Veteran's Day is November 11. Tadiso will be open 6am-1:45pm.

Thanksgiving Day is Thursday November 25. Tadiso will be closed. We will re-open on Friday at 6am and will close at 3:30pm.



IMPORTANT PHONE NUMBERS

National Suicide Prevention Lifeline
1-800-273-8255 (24/7) –
Veterans select Option 1

Trans Lifeline
By transgender people for transgender people -
1-877-565-8860 (24/7)

The Trevor Project
(thetrevorproject.org)
LGBTQ-trained counselors
answer calls 24/7 at 1-866-488-7386

NEED ASSISTANCE??

The Light of Life Rescue Mission will be serving a meal the afternoon of Thanksgiving. The address is 234 Voegtly Street, 15212.

Jubilee Soup Kitchen is open daily with a hot meal at noon. They are open for pick-up meals from 11am– noon and the address is 2005 Wyandotte Street, 15219.

The Northside Community Food Pantry distributes food to those in need and is located at 1601 Brighton Road, 15212. To qualify for assistance, a person must show proof of a home address in one of three zip codes: 15212, 15214 or 15233.

St. Cyril of White Lake Food Pantry is located at 105 S. 19th Street, 15203.

The Greater Pgh Community Food Bank does not require proof of eligibility but they are only using drive-up distribution. Call 412-460-3663 ext. 655 for more info.

Utility Bill Assistance and Fuel Counseling is offered from programs such as HeatShare. This is a Salvation Army administered program that may provide emergency assistance with paying heating and utility bills for households that have received a shut-off notice, or that are out of heating oil. Dial 1-800-842-7279 to speak to a social worker in the Pittsburgh area.

Recovery Support Specialists can offer links to referrals for services outside of what Tadiso provides. If you need referrals for food, clothing, housing, utilities or other support, please contact your RSS. If you are in need of an RSS, please call Katie at extension 129 or Allyson at extension 217.



A Reminder from Wellness: It is critical to routinely check the expiration date of any Narcan Nasal Spray you may have at home. While Narcan is not dangerous to use after the expiration date listed on the top of the box, its efficacy, or potency, decreases over time and so it is important to replace before it expires. Make sure you are keeping yourself and loved ones safe by frequently checking the expiration date, keeping Narcan in a place that everyone in the household is aware of, disposing of expired Narcan properly and knowing where you can find more. It is always best to obtain unexpired Narcan first before disposing of any expired boxes. You can ask your local pharmacy, visit Prevention Point Pittsburgh locations or ask a Tadiso employee about obtaining more Narcan.

THANKSGIVING HISTORY

From www.Scholastic.com

Did you know that no one knows the exact date the first Thanksgiving meal was celebrated on? The best historians could come up with was somewhere in the fall of 1621. The Pilgrims and the Wampanoag celebrated the colony's first successful harvest.

So how did Thanksgiving become a national holiday designated on the last Thursday of November? The answers to these questions are deep within the history of United States politics.

George Washington made the first proclamation of Thanksgiving in 1789. The proclamation was not to give thanks to the pilgrims but to give public thanks and prayers for the ability to peacefully establish a form of government for their safety and happiness.

George Washington again made the proclamation in 1795. Then New York officially made Thanksgiving Day an annual holiday in 1817.

Benjamin Franklin wanted the turkey to become the national bird, but Thomas Jefferson had opposed it. And it is believed that Benjamin Franklin then decided to name the male turkey 'tom' to spite Thomas Jefferson's rejection of his idea. Thomas Jefferson did offer proclamations of Thanksgiving as governor, but was hesitant to do so as president as he believed in the separation of church and state.

In 1863 President Abraham Lincoln set aside the last Thursday of November as the day to celebrate Thanksgiving by giving his proclamation to the nation where by he asked for his fellow citizens to give prayer and public thanks. His proclamation was about giving thanks for the bounties which the United States enjoyed as well as population growth, but to also give prayer that the civil war will come to an end and bring unity back to the nations in peace and prosperity.

When the United States fell into the great depression, it was upon President Roosevelt's shoulder to lead a nation through difficult times. In 1939 President Roosevelt restored Thanksgiving Day on the last Thursday of November in an effort to extend the Christmas shopping season to stimulate the economy. In 1941 Congress passed legislation to declare Thanksgiving Day as a national holiday and is to be celebrated on the last Thursday of November.

Thank a Veteran!

November 11 is

Veteran's Day

Tadiso will begin a **Keep Kids Safe Campaign** in December. We will be giving free lock boxes to parents with children in our child care who are in need of a safe place to store legally prescribed and illegal medications and other substances in the home. More to come in the December newsletter.

Keep kids in your home safe.



Hanukkah begins on November 28

"Look at how a single candle can both defy and define the darkness." –[Anne Frank](#)



State Reverses Decision on Requiring Signatures

On September 30, we received notification from the state that we do not have to obtain signatures from patients at the dispensing station. In addition, other patient signatures can be waived until March 31, 2022. We will keep you up to date on information as it pertains to your care during the continuation of the COVID-19 pandemic.